

Title: Semen Analysis Patient Instruction	Revision: 9
<i>Master copy of this SOP resides on Q-pulse. A document controlled copy of this revision is located in the High Risk Room SOPs file</i>	

Instructions for Semen Analysis (Sperm Count)

Your Doctor must supply you with the correct specimen pot and request form.

You must use a sterile container. This should be provided by the doctor requesting the test. The laboratory **does not** have facilities for on-site production so please bring your specimen in from home.

In order that we have an optimal, representative specimen please adhere to the following:

1. The sample should be collected after a minimum of 2 days and a maximum of 7 days of sexual abstinence.
2. Sample must be produced by masturbation. The use of a condom is not permitted as these contain spermicide. Collect the whole emission into the container. If you do not collect the whole sample you must inform the laboratory staff when you hand over the sample as this may affect the final result.
3. Bring the sample, as soon as possible after production, (preferably **within 1 hour**), to the laboratory keeping the sample at body temperature (for example place it in an inside pocket close to the skin. Do not wrap it in anything further).

Samples may be delivered between **9a.m. and 3p.m Monday - Friday** to:
 Brighton and Sussex Pathology (sample reception),
 Level 6, Thomas Kemp Tower Block,
 Royal Sussex County Hospital,
 Eastern Road,
 Brighton.

Ensure that your **name and date of birth** are written on the container, together with the **date and time** of production of the sample. Inadequately labelled containers and **samples without a completed request form will not be accepted by the laboratory.**

If you have any queries about these instructions or you are unable to comply, please contact your GP.

Please note that the laboratory is unable to give or discuss results with you.
IT IS NOT NECESSARY TO ARRANGE AN APPOINTMENT.

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ID Code: LIA-CPT-SEMENINSTRUCT	Dept: Cellular Pathology	Activation Date: 23/02/2023