

Title: Post Vasectomy Instruction Sheet	Revision 5
<i>Master copy of this SOP resides on Q-pulse.</i>	



University Hospitals Sussex
NHS Foundation Trust

Instructions for Post Vasectomy Semen Analysis

The doctor should supply you with two sterile containers and two forms for the tests, and will let you know when to bring in the samples – specimens are usually checked at 12 and 16 weeks post vasectomy. You do not need an appointment with the laboratory.

1. The sample should be collected after a minimum of 2 days and a maximum of 7 days of sexual abstinence.
2. Produce a specimen by masturbation into the container provided. The use of a condom is not permitted as the lubricant interferes with the analysis.
3. Ensure that your **name and date of birth** are written on the container, together with the **date and time** of production of the sample.
4. Bring the sample and form to the Pathology Laboratory at the Royal Sussex County Hospital any time between 9:00 am and 3.00 pm on weekdays only.

Samples may be delivered between **9a.m. and 3p.m Monday to Friday** to:

Brighton and Sussex Pathology (sample reception),
Level 6, Thomas Kemp Tower Block,
Royal Sussex County Hospital,
Eastern Road,
Brighton.

Inadequately labelled containers and samples without a completed request form will not be accepted by the laboratory.

If you have any queries about these instructions or you are unable to comply, please ring (01273) 667098 (lead BMS) or (01273) 664591 (laboratory).

Please note that the laboratory is unable to give or discuss results with you.

IT IS NOT NECESSARY TO ARRANGE AN APPOINTMENT

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